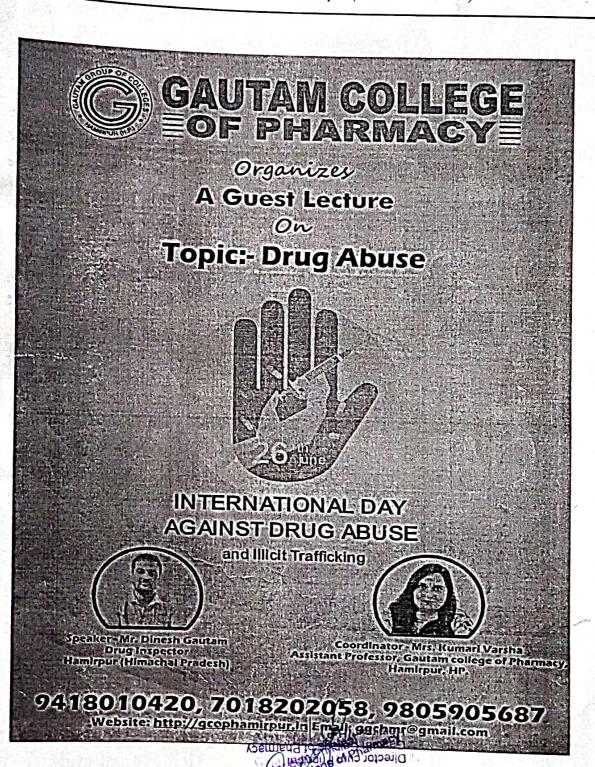


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Gautam College of Pharmacy, Hamirpur

Affiliated to Himachal Pradesh Technical University, Hamirpur & Himachal Pradesh Takniki Shiksha Board, Dharamshala Ward No. 10 Hamirpur (Himachal Pradesh)



ADJIGE AT CARTON INTERNATIONAL DAY AGAINST DRUG ABUSE AT GAUTAM COLLEGE OF PHARMACY, HAMIRPUR

ORGANIZED BY: Gautam College of Pharmacy, Hamirpur

Date: 26/06/2024

SUPPORTED BY: IQAC (Internal Quality Assurance Cell)

INTRODUCTION

International Day Against Drug Abuse is celebrated globally on 26 June to strengthen action and cooperation in achieving the goal of world free of drug abuse. In line with this global initiative, Gautam College of Pharmacy, Hamirpur, organized an offline/online expert lecture on the topic "DRUG ABUSE."

EVENT OVERVIEW

The event featured an insightful lecture delivered by Mr. Dinesh Gautam Drug Inspector Hamirpur(H.P). The offline/online session aimed to educate students and faculty members about the Drug Abuse and its impact on society. The event was attended by approximately 115 individuals, including students, faculty, and staff members.

OBJECTIVE

The primary objectives of the event were:

- To educate students and faculty about the impact of drug abuse on individuals and society.
- To raise awareness about the danger of drug abuse and addiction.
- To encourage individual s to seek help if they are struggling with drug addiction.
- To reduced the stigma associated with addiction and promote understanding and empathy for those affected by drug abuse.

ACTIVITIES UNDERTAKEN

- Inaugural Session: The event commenced with a welcome address by the Principal of Gautam College of Pharmacy, who gives the brief introduction of event.
- Expert Lecture: Mr. Dinesh Gautam delivered an lecture on "Drug Abuse" and its impact on individual and society.
- Q&A Session: Following the lecture, an interactive question-and-answer session was held, where participants had the opportunity to engage directly with Mr. Dinesh Gautam (D.I Hamirpur).

• Pledge Campaign: The event concluded with a pledge campaign, encouraging participants to commits we will never take drugs and also make people around us aware about not taking drugs. We will always try hard to make ourselves and our society drug free and will share the damage caused by drugs with people and make them aware.

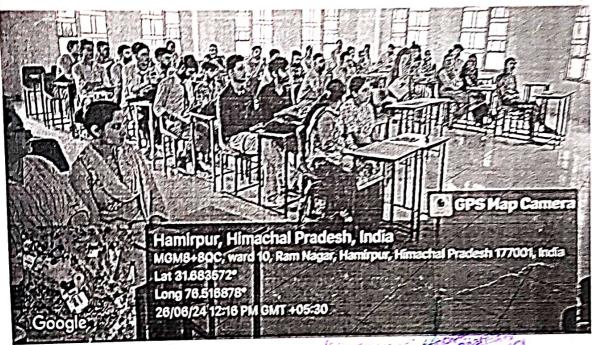
OUTCOME

The event successfully met its objectives, with the following outcomes:

- Increased Awareness: Participants understand the impact of drug abuse on individuals, family and community and enhanced motivation to seek help for oneself or support othrs in seeking help for drug abuse issues.
- Positive Engagement: The interactive session with Mr. Dinesh Gutam led to increased interest and engagement among attendees.
- Commitment to say no to drugs: Many participants took the pledge to never take drugs
 and also make people around us aware about risk factors associated with drug abuse.
- Dispelling Myths: The lecture and subsequent discussion helped in addressing and correcting several misconceptions about Drug Abuse.







Photographs from the tree

CONCLUSION

The celebration of International Day Against Drug Abuse at Gautam College of Pharmacy, Hamirpur, was a resounding success. The expert lecture by Mr. Dinesh Gautam D.I. Hamirpur not only educated but also inspired the college community to enhanced knowledge about the sign and symptoms of drug abuse and addiction as well as impact on physical and mental health. With around 115 attendees. The college looks forward to organizing more such events to promote health awareness and community service.

NEXT STEPS

To build on the momentum generated by the event, the following steps are proposed:

- Prevention Programs: Implement evidence-based prevention programs in schools, communities, and workplaces to educate individuals about the risks of drug abuse and promote healthy behaviors. These programs can include education about the dangers of drug abuse, life skills training, and promoting positive peer influences.
 - Early Intervention: Identify and provide support to individuals who may be at risk of developing substance abuse issues. This can involve early screening and intervention in healthcare settings, schools, or community organizations.
 - Access to Treatment: Ensure that individuals struggling with drug abuse have access to comprehensive treatment services, including behavioral therapies, counseling, medication-assisted treatment, and support groups. Access to treatment should be readily available and affordable.
 - Public Awareness Campaigns: Develop public awareness campaigns to dispel myths about drug abuse, reduce stigma, and promote understanding of addiction as a treatable medical condition.

By taking these steps, communities and governments can work together to address drug abuse comprehensively and effectively, supporting individuals in leading healthy, drugfree lives.

I would like to express my gratitude to Principal, HOD and all faculty members, and students who actively participated in the activity and contributed to its success.

Event Coordinator

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rof. (Dr.) Sanjay Kumar

ATTENDANCE SHEET

INTERNATIONAL DAY AGAINST DRUG ABUSE on 26 6 2024

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