# 3.4.1 Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.

In alignment with its mission, and following the primary teaching, Gautam college of Pharmacy has always been instrumental in carrying out extension activities. This has always facilitated the College in sensitizing students and ensuring their holistic development. Team of Faculty members from all departments along with GGC- NSS employs students in various community development programs. It includes organization of cultural events, seminars/ workshops, awareness programs, blood donation camps, and other such programs. At Gautam college of Pharmacy GGC- NSS is the primary vehicle to plan and execute its extension activities. Main aim of the GGC- NSS is to provide opportunities to the youths for their personality development through community services.

### Regular Activities:

Under regular activities, GGC- NSS of the College conducted different kinds of extension activities for sensitizing the community. The Few of the prominent regular activities include Pharmacist Day Rallies, International Yoga Day, Azadi ka Amrit Mahotsav, Blood Donation Campaign, Save Water Rally, awareness on drug abuse on the occasion Internation Day against drug abuse etc. in the nearby communities of the college.

### Special Camps

Under Special camps college conducted College Level Special Camps on different themes like, Blood donation camps. These activities have direct and indirect impact on the lives of participating students, teachers, and the community people. Direct impact is seen on the participating volunteers and teachers as they got opportunities and platform to exhibit their talents and to enhance their knowledge, skills and develop proper attitude towards the society leading towards change in their personalities. Indirect impact can be seen on the common man, community people as they become aware towards various social/community issues and were able to control and solve their problems on their own. It is seen that students associated with GGC- NSS are away from tobacco consumption.

# 3.4.1 Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.

Name of the activity	Organizing unit	Year of the activity
World TB Day	GGC-NSS	2024
International Day against drug abuse	GGC-NSS	2024
International Yoga Day	GGC-NSS	2024
Blood Donation Camp	GGC-NSS	2023
World Pharmacist Day Rally	GGC-NSS	2023
Azadi ka Amrit Mahotsav	GGC-NSS	2022
World Pharmacist Day Rally	GGC-NSS	2022
Save Water Rally	GGC-NSS	2020

Gautan College of Pharmac)





## Gautam College of Pharmacy, Hamirpur

(Approved by PCI - New Delhi & Himachal Pradesh Government) Affiliated to Himachal Pradesh Technical University, Hamirpur & Himachal Pradesh Takniki Shiksha Board, Dharamshala Ward No. 10 Hamirpur (Himachal Pradesh)

### Report on World TB Day Organized by Gautam College of Pharmacy, Hamirpur

Organized By: Gautam College of Pharmacy, Hamirpur

Date: 24-March, 2024

Supported By: IQAC (Internal Quality Assurance Cell)

Introduction: World TB Day is Organized on March 24th every year to raise public awareness about the devastating health, social, and economic consequences of tuberculosis (TB), and to step up efforts to end the global TB epidemic. This year, Gautam College of Pharmacy, Hamirpur, organized a series of events and activities to mark the occasion and contribute to the global fight against TB.

### Objectives:

To educate and raise awareness about tuberculosis among students, faculty, and the community.

To highlight the importance of early diagnosis and treatment of TB.

To promote research and development in the field of TB prevention and treatment.

To encourage public participation in TB eradication efforts.

### Activities Conducted:

### Inaugural Ceremony:

The event was inaugurated by Dr. Sanjay Kumar, Principal of Gautam College of Pharmacy.

### Awareness Seminar:

A seminar was conducted focusing on the status of TB, its symptoms, modes of transmission, prevention strategies, and the importance of completing the TB treatment regimen.

> Dietor gue Principal nulam College of Pharmed

Keynote speakers included Dr. Darsh Gautam, Professor HIPER Nadaun, H.P., who shared valuable insights and statistics about TB in India and globally.

### Poster Presentation:

Students participated in a poster presentation competition where they displayed creative and informative posters on various aspects of TB.

Topics included the history of TB, TB symptoms and diagnosis, treatment options, and preventive measures.

The best three posters were awarded certificates and prizes.

### Interactive Session:

An interactive session was held where participants could ask questions and discuss their concerns with the experts.

The session was aimed at clarifying doubts and dispelling myths related to TB.

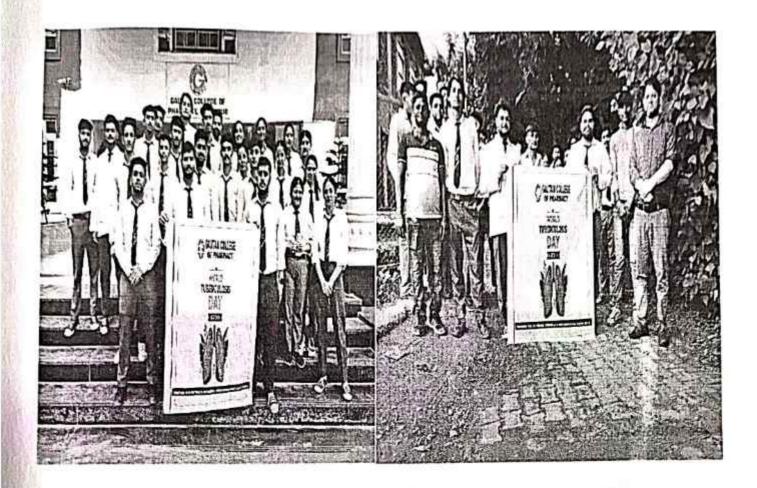
### Rally and Street Play:

A rally was organized to spread awareness about TB in the nearby community.

Students and faculty members participated enthusiastically, carrying banners and placards with messages about TB prevention and treatment.

A street play was performed by the students, depicting the impact of TB on individuals and families, and the importance of timely treatment.

Director d'in Principal Ge (lege of Pharmae) napheur (HPI)



A rally was organized to spread awareness about TB in the nearby community by Gautam college of Pharmacy

Conclusion: The World TB Day event organized by Gautam College of Pharmacy, Hamirpur, was a resounding success. It provided a platform for spreading awareness about tuberculosis, encouraged community participation, and highlighted the critical role of healthcare professionals in combating TB. The college's efforts were appreciated by the attendees, and the event significantly contributed to the global fight against TB.

Head

Event Coordinator

Galdiector Cum Principal
Hamirput (2.)-177001

## ATTENDANCE SHEET

## Awareness rally about tuberculosis on 24th, March -2024

S.no.		Roll No.	Signature	Remarks
4)	Aditya TRabur	23013314009		
2:)	Ayush	23 - 1331 4025	Dyel	
3	Dikshita Sharma	23013314629	.Disshita	
4)	Drow Sandal	23013314027	0-	
0	Abhimav shazma	23013314003	() lahir sorona	
_67	Adition Kumar	2301331408	SASTITY	
_7/	Amit Sergal	230133140/2	Amit	
-8>	Deelika starma	230/33/4026	Decht9	
97	Anchal Thatewe	23013314013		
107	Arushi Thakun	23013314021	Axushi	
12)	Alhinar	23013314002	Abhinas	
13)	Abut Rana	23013314010	About	
14)	ANSHU CHAPMA	23013314016	AM	
15)	Atul Sharma	23013314024	Adel	
167	AbhishebJaswal	23013314006	Abrishen	
17)	Mu skum pogra	23013314051		
18)	Astha 0	22013314030	Astha	9
19	Adill sharma	22013314010	&	
20	Aukita shalma	Q2019314020	2	
81	Anchal	22013314016	Av	
92	Anghol Choodhagy	22013214025	Anshul.	
03	Annol Verma	92012314024	gnow	
2	Aron Komat	22013314028	Arus	
25:	Anish Shuone	SIOPIESICSE	ANSI.	
	Ankligh Katoch	22013214021	Anokush	
263 37 38	Splijshoh Singh	22013314009	0.1	
96	Alda Voyal	22013714014	Contract of the latest the second of the sec	
20	ALLER	23013314059	Nith	
29	John Rama	23013314038	Jathreum	4
30	YOUTH TOUR	- SALETON - COM	(),1	/
			- Toral M	Hamipur (H.
			TANIMAGINA	A Production of
			Je Ujediou	Singator cum Pales
			The Court	
			7	



## Gautam College of Pharmacy, Hamirpur

(Approved by PCI - New Delhi & Himschal Pradesh Government)
Affiliated to Himachal Pradesh Technical University, Hamirpur
& Himachal Pradesh Takniki Shiksha Board, Dharamshala
Ward No. 10 Hamirpur (Himachal Pradesh)

## EVENT REPORT ON INTERNATIONAL DAY AGAINST DRUG ABUSE AT GAUTAM COLLEGE OF PHARMACY, HAMIRPUR

ORGANIZED BY: Gautam College of Pharmacy, Hamirpur

Date: 26/06/2024

SUPPORTED BY: IQAC (Internal Quality Assurance Cell)

### INTRODUCTION

International Day Against Drug Abuse is celebrated globally on 26 June to strengthen action and cooperation in achieving the goal of world free of drug abuse. In line with this global initiative, Gautam College of Pharmacy, Hamirpur, organized an offline/online expert lecture on the topic "DRUG ABUSE."

### EVENT OVERVIEW

The event featured an insightful lecture delivered by Mr. Dinesh Gautam Drug Inspector Hamirpur(H.P). The offline/online session aimed to educate students and faculty members about the Drug Abuse and its impact on society. The event was attended by approximately 115 individuals, including students, faculty, and staff members.

### OBJECTIVE

The primary objectives of the event were:

- · To educate students and faculty about the impact of drug abuse on individuals and society.
- · To raise awareness about the danger of drug abuse and addiction.
- To encourage individual s to seek help if they are struggling with drug addiction.
- To reduced the stigma associated with addiction and promote understanding and empathy
  for those affected by drug abuse.

### ACTIVITIES UNDERTAKEN

 Inaugural Session: The event commenced with a welcome address by the Principal of Gautam College of Pharmacy, who gives the brief introduction of event.

Expert Lecture: Mr. Dinesh Gautam delivered an lecture on "Drug Abuse" and its impact on individual and society.

Director Femotion

On the Company of the Company of

Director from Francipal
Gautan College of Pharmacy
Hamiltour (H.P.)

- Q&A Session: Following the lecture, an interactive question-and-answer session was held, where participants had the opportunity to engage directly with Mr. Dinesh Gautam (D.I Hamirpur).
- Pledge Campaign: The event concluded with a pledge campaign, encouraging participants
  to commits we will never take drugs and also make people around us aware about not taking
  drugs. We will always try hard to make ourselves and our society drug free and will share
  the damage caused by drugs with people and make them aware.

### OUTCOME

The event successfully met its objectives, with the following outcomes:

- Increased Awareness: Participants understand the impact of drug abuse on individuals, family and community and enhanced motivation to seek help for oneself or support others in seeking help for drug abuse issues.
- Positive Engagement: The interactive session with Mr. Dinesh Gautam led to increased interest and engagement among attendees.
- Commitment to say no to drugs: Many participants took the pledge to never take drugs
  and also make people around us aware about risk factors associated with drug abuse.
- Dispelling Myths: The lecture and subsequent discussion helped in addressing and correcting several misconceptions about Drug Abuse.



Lecture on drug abuse and its impact on inviduals and society Mr. Dinesh
Gautam, Drug inspector Hamipur



Pledge campaign encouraging participants for the judicial use of drugs



 Group photo during the celebration of international day against drug abuse at Gautam college of Pharmacy Hamirpur

### CONCLUSION

The celebration of International Day Against Drug Abuse at Gautam College of Pharmacy, Hamirpur, was a resounding success. The expert lecture by Mr. Dinesh Gautam D.I. Hamirpur not only educated but also inspired the college Children to College of Pharmacy Hamirpur (1.P.)

sign and symptoms of drug abuse and addiction as well as impact on physical and mental health. With around 115 attendees. The college looks forward to organizing more such events to promote health awareness and community service.

### NEXT STEPS

To build on the momentum generated by the event, the following steps are proposed:

- Prevention Programs: Implement evidence-based prevention programs in schools, communities, and workplaces to educate individuals about the risks of drug abuse and promote healthy behaviours. These programs can include education about the dangers of drug abuse, life skills training, and promoting positive peer influences.
- · Early Intervention: Identify and provide support to individuals who may be at risk of developing substance abuse issues. This can involve early screening and intervention in healthcare settings, schools, or community organizations.
- Access to Treatment: Ensure that individuals struggling with drug abuse have access to comprehensive treatment services, including behavioural therapies, counselling, medication-assisted treatment, and support groups. Access to treatment should be readily available and affordable.
- Public Awareness Campaigns: Develop public awareness campaigns to dispel myths about drug abuse, reduce stigma, and promote understanding of addiction as a treatable medical condition.

By taking these steps, communities and governments can work together to address drug abuse comprehensively and effectively, supporting individuals in leading healthy, drugfree lives.

I would like to express my gratitude to Principal, HOD and all faculty members, and students

who actively participated in the activity and contributed to its success.

**Event Organizer** 

Jundy Jund

autam College of Pharmacy anDipector Cum Principal sign and symptoms of drug abuse and addiction as well as impact on physical and mental health. With around 115 attendees. The college looks forward to organizing more such events to promote health awareness and community service.

### NEXT STEPS

To build on the momentum generated by the event, the following steps are proposed:

- Prevention Programs: Implement evidence-based prevention programs in schools, communities, and workplaces to educate individuals about the risks of drug abuse and promote healthy behaviours. These programs can include education about the dangers of drug abuse, life skills training, and promoting positive peer influences.
- Early Intervention: Identify and provide support to individuals who may be at risk of developing substance abuse issues. This can involve early screening and intervention in healthcare settings, schools, or community organizations.
- Access to Treatment: Ensure that individuals struggling with drug abuse have access to
  comprehensive treatment services, including behavioural therapies, counselling,
  medication-assisted treatment, and support groups. Access to treatment should be readily
  available and affordable.
- Public Awareness Campaigns: Develop public awareness campaigns to dispel myths about drug abuse, reduce stigma, and promote understanding of addiction as a treatable medical condition.

By taking these steps, communities and governments can work together to address drug abuse comprehensively and effectively, supporting individuals in leading healthy, drug-free lives.

I would like to express my gratitude to Principal, HOD and all faculty members, and students

who actively participated in the activity and contributed to its success.

Event Organizer

Imper / Mu

Head S

Seutam Collegie of Pharmacy HarDipuctor Cum Principal

## ATTENDANÇE SHEET

## INTERNATIONAL DAY AGAINST DRUG ABUSE on 26.6.2024

S.no.	Name of Students	Roll No.	Signature	Remarks
1.	Madhu Epilcus	220516311130	aquelia	
2	Rohini Shaima	220515311043	Robingh	
3,	Jeogal Sharma	3.5 ON E21200B	King stong	
4	Harila Sharma	27051 53 11011	Ankles	
5	tayar Jamuso	220 51531037	Payae	
6.	Kajal Sharma	220515311027	Ka(1)	
3.	Justi Sharmo	220575311026	Jyati	
8	Shivani Sharma	220515311052	Shivani	
9.	Secti Bhardway	220515311039	heebi	
10	Banika	2205153110 20	Banika	
77	Rasat	220515311067	Traget-	
12	Altohay Gulora	200116212066	Prulonic	
13.	Anish humax	22051531009	Ariely Home	
14.	Ashish Boggel	220515311014	Ashish Agust	
15	Abul Kumar	22-515311018	Abl Kumay	
16	alborthe Lakhanfal	220515311059	Ufforth	
1.3	moked Rene	B20616311033	Dare.	
18	Sohit	22-515311-55	Solid	
19	Vined Thokur	220515311062	and	
20	Taskin hungin	23051531068	tole .	
21	Axinash Thaker	220515311019	Linex	
22	Marit Kumar	22051531/072	Mohit Kina	ř.
23		220515311045	And a	
The state of the		220515311016	Agnish shaping	31.
24	Ashish Sharma Neha Rani	Faculty	Neta	
26	Vasha DevP	Faulty	Vernih	
27.	Prenam Palwan	faculty	1000	
28	Ankash	Fauly.	Brkish_	
	Somiksha	Family	Nes	
39.	osnivali	Focul	1 Dugli	
31	01	Facultud	(Shi tan Uharea	
32	Madhu Bala	Faculty	Oul:	
32.	Rakash Jeoman	Facility	(Dolonh	
34	Viresant Dalwel	faculty	4-28	
45.	Alcohay Kumar	Joseph V	17.0	
36	1	Faculty	Plant	
37	100 . 1.		arrive .	
35	0 0	faculty	000	
39	Palan Tratyer	James 10	9 00 .	
40	Taxan .	100	C par C	· !
^	1000	1 4 14 1	Service (	10
- (1)	Co-Ordinary Orean	teing Secretory	(C)	Principal



## Gautam College of Pharmacy, Hamirpur

(Approved by PC1 - New Delhi & Himachal Pradesh Government)

Affiliated to Himachal Pradesh Technical University, Hamirpur
& Himachal Pradesh Takniki Shiksha Board, Dharamshala
Ward No. 10 Hamirpur (Himachal Pradesh)

Report on Yoga Day Celebration at Gautam College of Pharmacy

Organized By: Gautam College of Pharmacy

Date: June 21, 2024

Supported By: IQAC (internal quality assurance cell)

Event Overview: The Gautam College of Pharmacy celebrated International Yoga Day on June 21, 2024, with great enthusiasm and active participation. The event featured a yoga session and an awareness talk conducted by the renowned yoga instructor, Mr. Ravinder Khatri. The event witnessed the participation of over 30 students and staff members, marking a successful celebration of the holistic benefits of yoga.

Yoga Session: The celebration commenced with a yoga session led by Mr. Ravinder Khatri, who has extensive experience in teaching yoga and promoting its benefits. The session began at 7:00 AM in the college auditorium. Participants were guided through a series of yoga asanas (postures), pranayama (breathing exercises), and meditation techniques.

Mr. Khatri emphasized the importance of regular yoga practice for physical and mental well-being. He demonstrated various asanas, such as Tadasana (Mountain Pose), Vrikshasana (Tree Pose), Bhujangasana (Cobra Pose), and Shavasana (Corpse Pose), explaining their benefits in enhancing flexibility, strength, and relaxation.

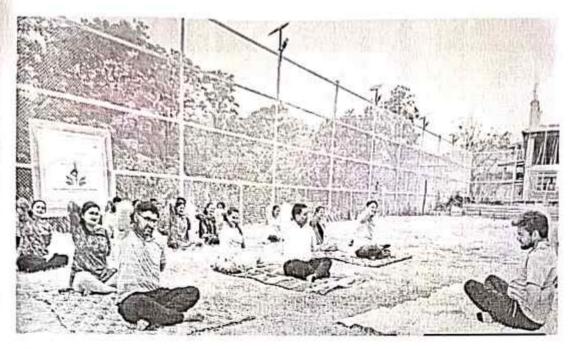
The yoga session lasted for an hour and was well-received by the participants. The attendees expressed their appreciation for the session, noting the immediate sense of relaxation and rejuvenation they experienced.

Awareness Talk: Following the yoga session, Mr. Ravinder Khatri conducted an awareness talk on the significance of yoga in daily life. The talk highlighted the historical and cultural roots of yoga, its scientific basis, and its impact on overall health. Mr. Khatri shared insights into how yoga can help manage stress, improve concentration, and promote a balanced lifestyle.

He also addressed common misconceptions about yoga and provided practical tips for integrating yoga into busy schedules. The talk was interactive, with participants asking questions and sharing their experiences. Mr. Khatri's engaging and informative approach made the session both educational and inspiring.

Participant Feedback: The participants expressed their gratitude for the opportunity to learn from an experienced instructor like Mr. Khatri. They found the event to be enlightening and beneficial, with many expressing a renewed commitment to incorporating yoga into their daily routines.

Chector cum Principal
Gaulam College of Pharmacy
Hamirpur (H.P.)





· International yoga day celebration by Gautam college of Pharmacy

Conclusion: The International Yoga Day celebration at Gautam College of Pharmacy was a resounding success. The yoga session and awareness talk conducted by Mr. Ravinder Khatri provided valuable insights and practical knowledge about the benefits of yoga. The active participation and positive feedback from attendees highlighted the importance of such events in promoting health and well-being within the college community.

The college looks forward to organizing more such events in the future to continue fostering a culture of wallness and mindfulness among its students and staff.

Program Coordinator

Gautam Colone of Pharmacy

YOGA DAY CELEBRATION ON 19<sup>TH</sup> MARCH 2024

S.no.	Name of Students/Faculty	Roll No.	Signature	Remarks
1.	Saweta kumast		75-0-0	
2.	Akstau	taculty 22003314013	Aleshay	
3.	ABhisheur	Carried State of the Control of the	Abbither	
4.	Abhishek Chauhan	22013314005		
5.	Akshay Kumar	20B314007		-
6.	dbhay farmal	23013314014	Labert 1	
7.		220/33/400/	011	
8.	Aryan	220133 1402		
q.	Adih Sharma	22013314629	4	
77		22013314010		
10_	Antija Sharma	22013314020	Ankita	
_11	Anchal Klimari	22013314016	A 12-2-3 (12-3-3)	
12	Akansha Thakue	22013314011	MADINO	
13	Anchal Kumaw	2013314017		
14	Arti	FIGHICEIORG	45H	
15	Ankita Phatia	22013314019	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	-
16	Ankush Thakur	22013314023		
17	Hammol Verma	360 1331A0g		
18	Anchol CHOUdhard	20013314085	_	· · ·
19	ANDROY Charhan.	85013311056		
20	Anish Sharman	92013314018	Anish	
81	Azon Komak	99013314086	1716/78 him in 1705-010	107 10
92		Sp01371A010	AKSNIT	
23	April Moudget	Faculty	CAN .	N
24.	Aman Thakut	u O	May	
25	Priyanka Shalma	11	Friday	
	1			/
100				M
V.		\	111	
			OX	
1	19		Director cuto Pri	ncipal
			Gautam Cellege Hamirpur (H.P.)	OI Fliamacy
1			rigitii par (r.ii. r)	
	41			
				UM:
			148 3	
	5		N IN T	
			/	





## Gautam College of Pharmacy, Hamirpur

(Approved by PCI - New Delhi & Himachal Pradesh Government)

Affiliated to Himachal Pradesh Technical University, Hamirpur

& Himachal Pradesh Takniki Shiksha Board, Dharamshala

Ward No. 10 Hamirpur (Himachal Pradesh)

### Report on Blood Donation Camp Organized by Gautam College of Pharmacy, Hamirpur

Organized By: Gautam College of Pharmacy

Date: 1st December 2023

Supported By: IQAC (internal quality assurance cell)

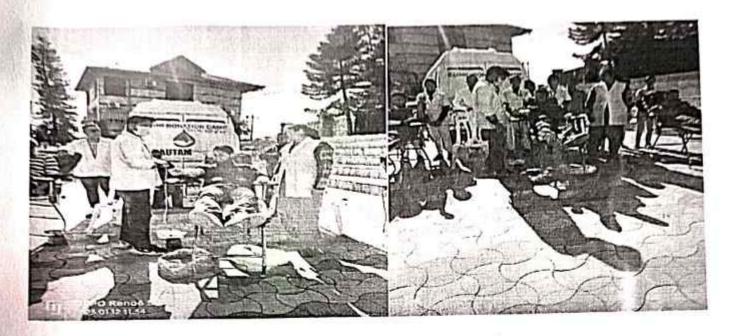
Introduction: On 1st December 2023, Gautam College of Pharmacy, Hamirpur, organized a commendable Blood Donation Camp on its premises. The event aimed to contribute to the noble cause of saving lives by collecting blood donations from willing volunteers.

Objective: The primary objective of the blood donation camp was to encourage voluntary blood donation among students, faculty, staff, and members of the local community. The camp aimed to raise awareness about the importance of regular blood donation and its significant impact on healthcare services.

Activities and Proceedings: The blood donation camp commenced at 10:00 AM and continued until 4:00 PM. Upon arrival, donors were registered and underwent a brief medical screening to determine their eligibility for donation. Qualified donors then proceeded to the donation area where trained medical staff collected blood units in a safe and hygienic environment.

Response and Participation: The response to the blood donation camp was overwhelming. Students, faculty members, administrative staff, and members of the local community enthusiastically participated in the event. Their willingness to contribute to the cause of blood donation demonstrated a strong sense of social responsibility and altruism.

Directo Xim Principal Gautam Chillage of Phan



## Blood donation camp organized by Gautam college of Pharmacy

Conclusion: In conclusion, the blood donation camp organized by Gautam College of Pharmacy, Hamirpur, on 1st December 2023, was a resounding success. It not only facilitated the collection of essential blood units but also promoted a culture of voluntary blood donation among the college community and beyond. The event underscored the college's commitment to social welfare and healthcare, inspiring everyone involved to continue supporting such humanitarian initiatives in the future. This initiative serves as a testament to the power of collective action in making a positive impact on society's well-being.

Program Coordinator

Head Work HP 1111

Director Cum Principal harm Hamirpur (H.P.)-177001 ATTENDANCE SHEET

S.no.	Blood donation C Name of Students/Faculty	Roll No.	Signature	Remarks
1.	Aditya TRahue	23013314009	A	
2.	Aush	2301 3314025	Durch	
3	Direstike Sharma	23013314029	aux Co	
4.	Thruv Sandal	23013314027	D=	
5>	Ablinar	23013314002	Abhinas	
6.	Abrit Rana	23013314010	ARXINT	
7)	Anshul Larma	23013314016	All I	
0.1	Atul Sharma	2301351494	the	
9	Abhisher Jasual	23013314006	A 1 1	
10)	Arushi Thakar	23013314021	Arushi	8
11)	Anchal Thekwe	83013314013	(An Ungrahum	
12)	Deepika Sharma	23013314026	Dakika) shorma	
135	Aditua Kumar	23013314008	HOTTIN	
14)	Ames Schral	23013314612	Anit	
15)	Abhinov shortha	23013314003	allegarine	uli,
10)	Huslaam Dogua	23013314651	HUSBAD'	
171	Asma	22013314030	Assur	
18	Adile Streema	82013314010	All	
19	Aukita suarma	22013314020	An	
20	Auchale	22013314016	A-	
21	Namen	23013314052	Namor	
22	Nikhil Kumar	23613314056	With Kung	
23	Ruma chard	23013314067	Rum Man	
)4	Rahul	23013314068	Ralad	
25	Raynigh Kumery	03013314071	Rajnigh	
26	Priyanshu	2301331406	toison say	
A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Soul Kumar	23013314084	soh!	
27	Pipul Mehren	2301334078	New	
29	A CONTRACTOR OF THE CONTRACTOR	23013314081	Pelit Kenson	
	Robit Kuman	23013314075	BHKA	
30_	Ritika	W2012)11013		
				1
			1.104	luinales!
			The dury	Principal A
			(II)	1)
			(1X),	
				100



## Gautam College of Pharmacy, Hamirpur

(Approved by PC1 - New Delhi & Himachal Pradesh Government)
Affiliated to Himachal Pradesh Technical University, Hamirpur
& Himachal Pradesh Takniki Shiksha Board, Dharamshala
Ward No. 10 Hamirpur (Himachal Pradesh)

### A Report on Pharma rally on world Pharmacist Day

Organized By: Gautam College of Pharmacy

Date: September 25, 2023

Supported By: IQAC (internal quality assurance cell)

Introduction: On World Pharmacist Day, the students of Gautam College of Pharmacy in Hamirpur organized a rally to raise awareness about the crucial role of pharmacists in healthcare and to advocate for the profession's recognition and respect.

Event Details: The rally commenced at 10:00 AM from the college premises, where over 150 enthusiastic students, accompanied by faculty members and local pharmacists, gathered with banners and placards promoting the theme of the year, "Pharmacists: Strengthening Health system." The participants were dressed in white coats, symbolizing professionalism, and expertise in pharmacy. The route of the rally spanned from Gautam College of Pharmacy through the main streets of Hamirpur, ended at the Hamirpur city.

Key Messages: Throughout the rally, attendees reiterated the critical roles pharmacists fulfil, from medication dispensation to patient counselling. They underscored pharmacists' role in promoting rational drug use and fostering public health initiatives.

Completion: The rally concluded at the Gautam college of Pharmacy where a closing ceremony highlighted speeches from faculty members and senior students. Speakers emphasized the evolving landscape of pharmacy practice and the enduring significance of pharmacist-patient relationships.

afmacy

Gaute

Hamirput ()



 Awareness Rally on world pharmacist day organized by Gautam college of pharmacy

Conclusion: The World Pharmacist Day rally organized by Gautam College of Pharmacy, Hamirpur, exemplified a profound dedication to raising awareness and appreciation for the pharmacy profession. Participants showcased their commitment to advancing healthcare and serving as stewards of community well-being as

Hamirp

Program Coordinator

ATTENDANCE SHEET

S.no.		Roll No.	Signature	Remarks
4)	Aditya Thabus.	23013314009	Alb	
2.)	Ayush	23013314025	Agre	
3	DiRikita Sharma	03013314029	DISHITO	
4>	Divoux Sandal	23013314027	D-	
5	Aditya Kumar	23013314008	Adity	
6	School School			
7	Abhirov sharma	23013314012 23013314003	Ophiname	
8	Arushi Thakur	23013314021	A	
q	Anchel Thibur	23013314017	fanct pursy	
10.	Deelika Sharma	230/33/4026	Declits famo	
1).)		23013314024	.// /	
12.)	Abhinav	2301351400	A A A	ll
13	Akril Rana	230 1 33 14010	Alexand	
14		23013314006		
15	Applus Shanna	23013314016	AH.	11.51
16	Huskan Dogra	230)331405	Muskan_	No.
17		22013314010		
18	Austra guarma	82013314020	The second secon	
19	Astra	220133140 30	AL	
20	Anchel	220 1331406	D_	
18	Shikha	23013314098	Shikha	
22	Sojal	23013311085	VA. 1 1 1 1 1 1 1 1.	
13	Yosh Chaudhasy	23013314114	-0	
24		23 0 13 31 4115	Yoshraj	0
	Yoshray Patigal		In . 0	
35	Baniya Baniya	230/33/4/12	Di I	
2 6	Osunya Osabalasa	23013314091	- North ale	
27	Rashmi Thakur Stalini altuman	33013314012	Shalini	
28	Shakin ayruryan	33013.314695	Statin	
	Shubhan Koundal	2301331418		
,0	Rohit Jaryal	23013314680	4	
	<b>5 V</b>	1		
			was and	
	1		ector cum Principal autanf College of Pharm amirpur (H.P.)	acy
		Di	mant Copege of the	100



# Gautam College of Pharmacy, Hamirpur (Approved by PCT - New Delhi & Himachal Pradesh Government)

(Approved by PC1 - New Delhi & Himachal Pradesh Government)

Affiliated to Himachal Pradesh Technical University, Hamirpur & Himachal Pradesh Takniki Shiksha Board, Dharamshala Ward No. 10 Hamirpur (Himachal Pradesh)

Report on "Celebrating 75 Years of Independence" - Azadi ka Amrit Mahotsav

Event Name: Celebrating 75 Years of Independence-Azadi ka Amrit Mahotsav

Organized By: Gautam College of Pharmacy

Supported By: IQAC (internal quality assurance cell)

Date: 03rd June 2022

### Introduction

The "Celebrating 75 Years of Independence" event, part of the Azadi ka Amrit Mahotsav, was a significant celebration held to commemorate India's 75 years of independence. This event aimed to foster a sense of patriotism, unity, and cultural appreciation among the participants and attendees.

### Venue and Date

The event was held on the 03rd of June, 2022, in the auditorium of Gautam College of Pharmacy. The well-equipped auditorium provided an excellent venue for the various activities organized during the celebration.

### Chief Guest

The chief guest for the event was Shri Jagdish Gautam, the Managing Director of Gautam Group of Colleges. His presence added significant value to the celebration, highlighting the importance of the occasion.

### **Activities Organized**

To mark this momentous occasion, three major activities were organized:

### Rangoli Competition

The Rangoli competition saw enthusiastic participation from students, showcasing their creativity and artistic skills through vibrant and intricate designs. Rangoli, a traditional Indian art form, was an apt choice to celebrate the rich cultural heritage of India.

### Poster Presentation

The poster presentation segment allowed participants to explore and present various themes related to India's journey over the past 75 years. This activity encouraged research, creativity, and the effective communication of ideas, contributing to a deeper understanding of the country's progress and challenges.

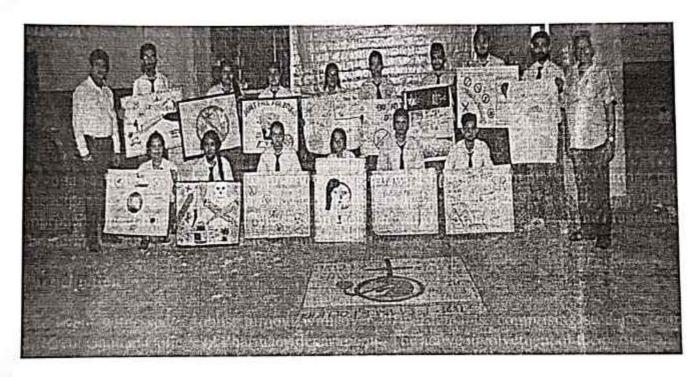
Director from Principal
Gautant College of Pharmacy
Hamirpur (H.P.)

### Yoga Session

A yoga session was organized to promote physical well-being and mental peace among the participants. Yoga, an ancient practice originating in India, symbolizes the country's holistic approach to health and wellness. The session included various asanas (postures) and pranayama (breathing exercises) to rejuvenate the mind and body.

### Participation

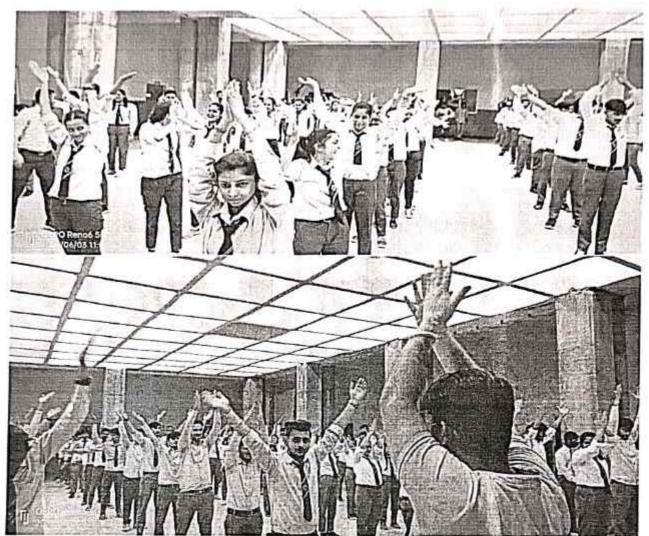
The event witnessed a robust turnout with over 80 participants, comprising students from different Gautam College of Pharmacy departments. The active involvement of the participants highlighted their enthusiasm and commitment to celebrating India's independence.



 Rangoli and poster presentation by the students of Gautam college of pharmacy while "Celebrating 75 Years of Independence" - Azadi ka Amrit Mahotsav



Director cum frincipal Gautam College of Pharmacy Hathirpur (H.P.)



 Yoga session during the "Celebrating 75 Years of Independence" - Azadi ka Amrit Mahotsav

### Conclusion

The "Celebrating 75 Years of Independence" event was a resounding success, thanks to the dedication and creativity of the participants and the support of the college administration. Through activities like the Rangoli competition and poster presentation, the event not only celebrated India's independence but also instilled a sense of pride and appreciation for the nation's rich heritage and achievements.

The Azadi ka Amrit Mahotsav serves as a reminder of the sacrifices made for India's freedom and the continued efforts required to build a prosperous and inclusive nation. Events like these play a crucial role in inspiring the younger generation to contribute positively to the country's future.

Ever Organizer

IQAC Head

Gautam College of Pharmacy Hamir Pirector) Cum (Principal

### ATTENDANCE SHEET

"Celebrating 75 Years of Independence" - Azadi ka Amrit Mahotsav on 3rd June 2022

S.no.	Name of Students/Faculty	Roll No.	Signature	Remarks
1	Adifyer	2100231404	AS-	
2.	ARITSHEK	2101331403	AL	
3.	Anchal Icumen	21 61 3314009	Andre	
ų.		21013314014	Ayung	
5.	Ale Shains	2 1013314017	Atul	
6.)	Aryan stoph Athil	Pacify	DA	
7)	Kumi Varha	Packy	No.	
8.)	Shivali Salouria	facily	etup	
/	Surafra Dulman	Aacula		
4)	Stent launn	faculty	Sul	
10)	Aartl Thakur	23013314001	Arti-	
125	manicha kumosui	210133140033	Manuela	7.5
10	Lakshit	210123140032	Labla.	
13/	Keritika Rahi	210133/481	Knitiku	
17	komal	2101331482	Komal	
12/	Kartik	2101334027	Kantik.	15.41
		21013314086		
	Karan	21013714025	Kart	
	Tsha	2101331424	Telu	
		210 13314023	Fehren	
-	elha Oisha	21013314022	Dirlow	
$\rightarrow$	A STATE OF THE STA	2013314081	Dikelin	
	Diksha Kuman	2013314020	Pherry	
-	Pheeraj Don 100 ho	2013319000	Deckra	
	Deenshor	21613314019	Decres	
	Shouti Shati	21013314098	Shorti	
	Arun- ahati	210 133 (400)3	Carrown	
	<del></del>			
		1		
		Colomback	um Phnoipal	
		Gautam	college of Pharmacy	
		Hamirpur	College of Pharmacy (H.P.)	
		1000000		عاقلو.
_				de.
				6.00



01972-292018, 221493 ggchmr@gmail.com

Gautam College of Pharmacy, Hamirpur (Approved by PCI - New Delhi & Himachal Pradesh Government)

Affiliated to Himachal Pradesh Technical University, Hamirpur & Himachal Pradesh Takniki Shiksha Board, Dharamshala Ward No. 10 Hamirpur (Himachal Pradesh)

### A report on Pharma rally on Pharmacy week organized by Gautam college of Pharmacy, Hamirpur

Organized By: Gautam College of Pharmacy, Hamirpur

Date: 25-September, 2022

Supported By: IQAC (Internal Quality Assurance Cell)

Introduction: Gautam College of Pharmacy, Hamirpur, celebrated Pharmacy Week with great enthusiasm, highlighting the crucial role pharmacists play in healthcare. The week-long celebration featured various activities aimed at raising awareness about the profession and its significance. A notable highlight of the week was the Pharma Rally, which witnessed active participation from students, faculty, and local community members.

### Pharma Rally Details:

Objective: The Pharma Rally aimed to:

- Raise awareness about the vital role of pharmacists in the healthcare system.
- Educate the public on the importance of medication safety and adherence.
- Encourage young students to consider pharmacy as a career.

Participants: The rally saw the enthusiastic participation of:

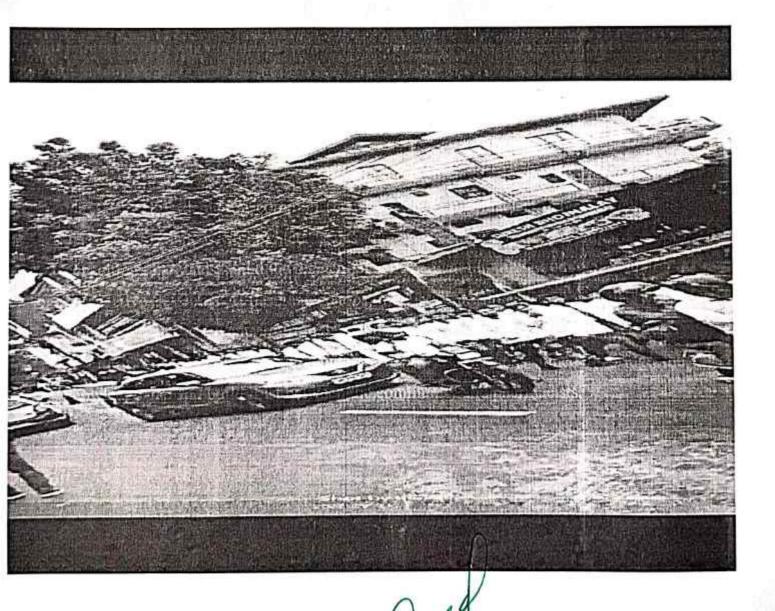
- Students from Gautam College of Pharmacy
- Faculty members
- Local healthcare professionals
- Community members

### Activities:

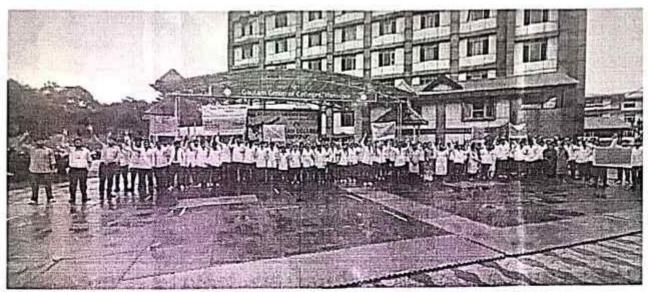
- 1. Flag-off Ceremony: The rally was inaugurated with a flag-off ceremony by the esteemed Principal of Gautam College of Pharmacy, Dr. J.S Badhan In his opening address, he emphasized the significance of pharmacists in ensuring the well-being of society and encouraged students to uphold the values of their profession.
- 2. Awareness March: Participants marched through the main streets of Hamirpur, holding banners with messages such as "Pharmacists." Your Partners in Health," "Safe Medication Use," and "Adherence to Prescriptions Saves Lives." The march aimed to

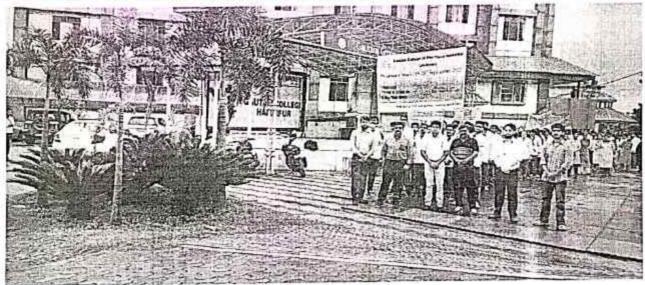
Director Principal Gaut in e of Pharmacy Hantirpu

- engage the public and spread awareness about the responsibilities and contributions of pharmacists.
- 3. Street Plays and Skits: To make the rally more engaging, students performed street plays and skits depicting common scenarios where pharmacists play a crucial role. These performances highlighted issues like medication errors, the importance of consulting pharmacists, and the dangers of self-medication.
- 4. Interactive Sessions: At designated stops, interactive sessions were conducted where pharmacists addressed queries from the public regarding medication safety, side effects, and the proper use of over-the-counter drugs. These sessions aimed to bridge the knowledge gap and build trust between the community and pharmacists.



Director cum principal
Gautam College of Finarmacy
Hamirpur (H.B.)





 Pharma rally during Pharmacy week for safe medication use and adherence to prescriptions organized by Gautam college of pharmacy

Conclusion: The Pharma Rally during Pharmacist Week at Gautam College of Pharmacy, Hamirpur, was a resounding success. It not only highlighted the indispensable role of pharmacists in the healthcare system but also fostered a sense of community involvement and responsibility towards health and well-being. The event was a testament to the dedication of the pharmacy students and faculty in promoting health awareness and advancing the profession. Gautam College of Pharmacy plans to make the Pharma Rally an annual event, with hopes of expanding its reach and impact in the coming years. Through continued efforts, the college aims to inspire more individuals to recognize and appreciate the critical role of pharmacists in

Director Cum Principal

Event Coordinator

healthcare.

### ATTENDANCE SHEET

Pharma rally during Pharmacy week for safe medication use and adherence to prescriptions.

S.no.	Name of Students/Faculty	Roll No.	Signature	Remarks
1	Abhay Sharma	20013314001	06H	
ふんがら	Amony eet Chalor	20013314004	Strug Leet	
=	Ancesh Kumar	20013314006		
Ψ.	Ankita	80013314008	Ankita	
5	Anysag Thakur	20013314011	Aus	
6	Kritika Kaushau	2043314022	They	
7	Manisha	20013314026	(marie)	
8.	Nitika Kumasi	20013314031	WHIS.	
9.	Hasti Trakux	21013314001	E	
10.	Archana kumeri	210133140H	Archand	6
tı	Aryan Trakue	2101331407		
12	Atul showing	21013314017	(Ago	
(3	kasan	21013314028		
=14	Motiet gulesca	21013314035		
15	Payar	91013314044	-payal -	
16	Rigush Kashyap	21013314046	Els-	
17	Shapun Challers	21013314059	Sha	
18	Vishal Rumas	21013314069	Vishu	
	Rajat Bhati	22023314003	Reject	
19.	Symidkunar	21013914066		
21	Vishal lana	2202331406		
21 22	Deepals Theleur	1933141008	A	
23	Sahil Shorms	19331410021	(3)X	
24		21013314030	Kour	
2.5	Swati showing	1933141002		
26	Siya Rana	2001331404	1	
27	YUN ROY	19331410031	(9/1)	
2.8	Ashok Kumax	20013314032	Del	
29	Vikas	Qc013314059	W	
30	Nidhi Sharma	19331410012	The	
31		21013314085		
.31	Harsh Chauhan Deepak Thakur	1933141007	Deepak	
of	ocejsan mana	14 3 3 1 4 1 0 0 1	OCC JAG	
			-loste	
		Director cum Pr Gautam College	ol Pharmacy	
		Hamirpur (H.P.)		
		- Little and Artist State Company	1,0	Q.





## Gautam College of Pharmacy, Hamirpur

(Approved by PC1 - New Delhi & Himachal Pradesh Government)

Affiliated to Himachal Pradesh Technical University, Hamirpur

& Himachal Pradesh Takniki Shiksha Board, Dharamshala

Ward No. 10 Hamirpur (Himachal Pradesh)

### A report on Save Water Rally organized by Gautam college of Pharmacy, Hamirpur

Organized By: Gautam College of Pharmacy, Hamirpur Date: 07-janurary, 2020

### Introduction

On 07-January, 2020 Gautam College of Pharmacy organized a "Save Water Rally" to raise awareness about the critical importance of water conservation. The event was a part of the institution's environmental initiatives and aimed to educate the community about sustainable water usage practices.

### Objectives

The primary objectives of the rally were to:

Raise awareness about the growing water scarcity issues.

Educate participants and the community on water-saving techniques.

Promote the sustainable management of water resources.

Encourage active participation in water conservation efforts.

### Planning and Organization

The rally was meticulously planned by the GGC- NSS Unit of Gautam College of Pharmacy. The preparation involved:

Designing educational materials and banners.

Organizing volunteers from among the students and staff.

Planning the route for the rally.

The event saw enthusiastic participation from:

Students: Over 100 students joined the rally.

Faculty: Around 05 faculty members participated and guided the

Director cury Principal
Gautam College of Pharmacy
Harhirpu (H.P.)

Local Community: Residents and shopkeepers supported the rally, with some joining in.

### Activities

The rally commenced at 10:30 AM from the college campus. Key activities included:

March: Participants marched through the main streets of Hamirpur, carrying banners with messages promoting water conservation.

Sloganeering: Chants and slogans such as "Save Water, Save Life!" and "Every Drop Counts!" resonated throughout the route, drawing attention from the public.

### **Guest Speakers**

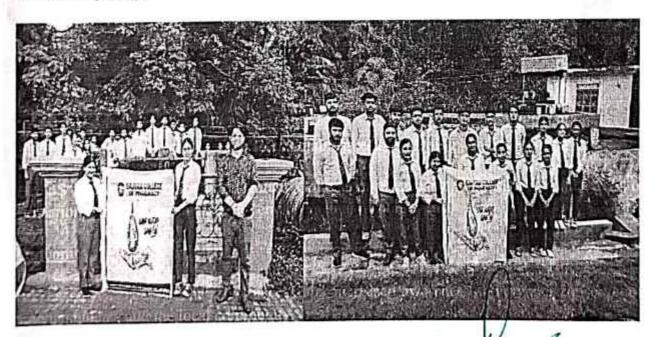
The rally concluded with speeches from notable guests, including:

Dr. JS Badhan, Principal of Gautam College of Pharmacy, who spoke on the role of educational institutions in fostering environmental responsibility.

### Outcomes

Increased Awareness: The rally successfully increased awareness about water conservation among students and the local community.

Commitment to Action: Many attendees committed to implementing water-saving practices in their daily lives.



Save water rally organized by Gautam college of Plarmacy

| Director of Pharmacy
| Gautam College of Pharmacy
| Director of Pharmacy
| Director (H B)
| Di

### Conclusion

The Save Water Rally organized by Gautam College of Pharmacy was a resounding success, demonstrating the power of community action in addressing environmental issues. The event not only educated participants but also inspired collective efforts to conserve one of our most vital resources – water.

Event Sprilinator

Director Prince all' Gautam Collège of Friam College Hamighrector Cum Principal

Director cutt Principal
Gaulam College of Pharmacy